



Energy Tutorial: Building Fabric

Activity: building fabric checklist

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BUILDING FABRIC CHECKLIST

Test your new energy knowledge by filling in this checklist for your own home.

Refer back to the factsheets to help you answer the questions. After filling in each section, note down any ways to save energy you can think of after what you've found out.

Don't worry if you can't fill in all the sections. See if you can get someone to help you, or research answers online.

QUESTION	Y	N	FURTHER DETAILS
SECTION 1: CAVITY WALL, SOLID WALL AND LOFT INSULATION			
Does the house have a loft?			
Is the loft insulated?			
Is the loft insulated to recommended insulation levels? (at least 270mm)			
Does the house have cavity walls?			
Does the house have solid walls?			
Are the solid/cavity walls insulated?			
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SECTION 2: DOORS AND WINDOWS

Does the house have double glazed windows?			
Can you feel any draughts of air coming in around the window or door frames?			

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OTHER RECOMMENDATIONS